# The Reverie Saigon offers a dreamy escape into la dolce vita



Hotel Intel

I have seen a few opulent hotels, but I have never seen anything quite like The Reverie Saigon. In a world of modern minimalism, it is unabashedly grandiose, and in the heart of Ho Chi Minh City, Vietnam's largest metropolis, it is unexpectedly Italian.

The Reverie, a nod to Vietnam's growing internationalism and commercial success, is an ornate palace of lavish hospitality operating on several floors of the 39-storey Times Square tower. This is District 1, the city's core of first-class business, shopping, dining and colonial architectural treasures.

At The Reverie Saigon, guests enjoy la dolce vita. Executives alight from Bentleys, socialites bliss out at the spa and epicureans flock to Da Vittorio, a culinary brand that has eight Michelin stars in Europe and Shanghai.

"The Reverie Saigon illustrates that Vietnam is an important world crossroads," says François Lievens, the hotel's executive assistant manager. "We attract elite travellers and we want to pamper them with unapologetic splendour. And we are totally different from corporate hotels." **Extravagance:** The Reverie Saigon's defining aspect is its extravagant and fanciful decor. Travel + Leisure magazine called it "bling-tastic," which suggests it is overdone, but I saw it as a triumph of audacious design and supreme craftsmanship.

It's a bold pastiche of Italian rococo — marble, gold, crystals, mosaics, more marble and more gold — paired with vivid splashes of colour. Every piece of furniture is elaborately crafted and every accessory is tasselled, giltedged or mirrored. Here, there is



The Reverie Saigon's rooms offer views of the Saigon River or the Ho Chi Minh City skyline. THE REVERIE SAIGON

no such thing as too much.

If you're up for a celebratory splurge, the hotel can organize a city tour in a limited-edition Rolls-Royce Phantom Dragon with Champagne, or perhaps book a suite attended by a private butler, or a romantic Saigon River cruise at sunset on The Reverie Yacht.

The Spa at The Reverie Saigon offers endless ways to luxuriate, including a swimming pool with whirlpools and a children's pool, saunas and steam rooms, plus services like a Vietnamese mas-

sage or a lava foot massage. **Posh digs:** Even the simplest of the 286 accommodations is an indulgent experience, and not as expensive as it looks. With rates starting at about \$380, you'll be seduced by rich decor and sensational views of the Saigon River or the city skyline.

Every room has fine embossed sheets by Frette of Italy, a choice of six pillow types, fresh orchids and a complimentary mini-bar

with soft drinks and beer. Some rooms have velvet fainting couches, champagne silk wall coverings and damask drapes electronically controlled. The bathrooms are sumptuous sanctuaries, too, with Acqua di Parma lotions, a TV facing the soaking tub, and a loo with heated seats and an electronic bidet. And the two-storey suites are truly regal. Food and drink: The Reverie Saigon has five remarkable dining areas, all with gracious service and different national cuisines.

Da Vittorio Saigon brings its Michelin-starred sophistication with fine wines and tasting menus. Specialties like mushroom cappuccino with black truffle, Japanese sea urchins, braised beef cheeks, homemade pasta, lamb tartare, Wagyu beef with foie gras and caviar — Baeri, Kristal or Beluga — exquisitely presented with all the trimmings.

For another mood, the chic Café Cardinal is a showpiece with shimmering white marble columns and a glassed-in kitchen. The Asian-Western buffets are laden with international choices, and the à la carte menu features treats like melon salad, shrimp toast, lobster ravioli and Wagyu beef carpaccio. At night, Café Cardinal goes more formal with French-inspired foie gras, lobster, scallops and lamb. Saturdays feature lavish seafood dinners, afternoon tea is served daily and Café Cardinal is poolside, so casual outdoor lunches are a sunny option.

The Long @ Times Square is an upbeat streetside trattoria serving simply everything, and offers elevated mixology that would rival that of Vegas. The menu covers a world map with pizza, spring rolls, papaya salad, oysters and main courses like black cod, barbecue ribs and tiger prawns.

The Royal Pavilion, a Chinese dining room, is decked out in ruby-red velvet and golden dragons. Here, top chefs deliver superlative Cantonese delicacies,

#### IF YOU GO

The Reverie Saigon: 84 28 3823 6688, thereveries aigon. com; 22-36 Nguyen Hue Blvd., Ben Nghe Ward, District 1, Ho Chi Minh City. Vietnam's only member of Leading Hotels of the World. **Price:** Rooms start at about \$380, suites at \$580, including outdoor pools, sauna, steam, whirlpools, mini-bar, twice-daily housekeeping, Nespresso coffee, Dammann

Vietnam tourism: See vietnam.travel Canadians require a visa.

Frères tea.

like dim sum and Peking duck. If you need a stylish break, the Reverie Boutique serves barista coffee, fancy teas, tropical juices, homemade pastries, sandwiches and salads. A lacquered Baldi-Bechstein Grand Piano box of sweets would be a fine take-home gift. That's extravagance to go.



# THE PATH TO **BETTER JOINT HEALTH**

Turmeric is a golden coloured spice from the root of the curcuma longa plant. It has long been used in both India and China, for its joint health properties, but recently turmeric has shown to have numerous other health benefits.

#### A POWERFUL SPICE WITH GOLDEN **HEALTH BENEFITS**

Few spices have been studied as much as turmeric, and even fewer can show as strong evidence of health benefits. Therefore, turmeric has become increasingly popular, as an addition to people's diet, and for mainly the anti-inflammation and joint health effects.

#### THE EASY WAY TO INCLUDE **TURMERIC INTO YOUR DAILY** ROUTINE

It can be hard to include turmeric in your diet. Not many people remember to use this spice every day, nor do we use it in smoothies or salads.



## **NATURAL PAIN RELIEF!**

I'm in my early 60's & for 10 years experienced increasing pain in my hands and knees. I heard about Turmeric Gummies by New Nordic and for almost 3 months I've been taking it. Wow what an improvement! My hands no longer cause me pain or extreme discomfort as they did in the past. My knee has improved 80%. These gummies taste great! Thank you to Nordic for helping me live a better and pain free life.



Furthermore, because the curcumin content in turmeric is low, it may be difficult to reap the full benefits of this herb, unless it's dried and concentrated. That's why taking a turmeric supplement with a high amount of the active ingredient, makes things easy.

### **DID YOU KNOW?**

Although turmeric is most often used for joint pain and inflammation, studies show that it has beneficial effects on digestion, brain health, cardiovascular health, and liver health. It's truly a "wonder spice".



Results may vary. Please read the information on the box to determine if this product is right for you. This product is not intended to diagnose, treat, cure or prevent any disease.





iHerb.com









CONSUMER CHOICE

Lurmeric

Turmeric™ Gummies is a new,

delicious, sugar free and vegan gummy, that delivers high amounts of pure and natural turmeric

extract. This tasty orange and mango flavoured

supplement is the convenient way to help relieve

inflammation and joint pain, naturally.





